

KENYA ASSOCIATION OF FAMILY PHYSICIANS

# ANNUAL SCIENTIFIC CONFERENCE '25

## LOGISTICAL INFORMATION NOTE

21st ~ 23rd May 2025  
Pride Inn Paradise, Mombasa County



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**KAFP** Kenya Association  
of Family Physicians



# Conference

**Theme** | Building Resilient Healthcare Systems:  
Leveraging Family Medicine for Sustained Impact

Dates: 21st to 23rd May, 2025

Venue: Pride Inn Paradise, Mombasa, Kenya

## S U B T H E M E S

1. Patient-Centered Care: The role of policy, technology, and innovation in sustainable primary care.
2. Strengthening Community-Led and Equitable Healthcare Solutions.
3. Advancing Collaborative & Interdisciplinary Care Models.
4. Climate Change, Emerging Diseases, Threats & Health System Resilience
5. Combating Infectious Diseases and Antimicrobial Resistance.

Category	Early Bird (Ksh.)	Late Registration (Ksh.)	On-site (Ksh.)
Members	20,000	25,000	30,000
Non-Members	25,000	30,000	35,000
International Guests,		250\$	

KAFP Paybill Number: 657089 Account Number: Conference\_ Your Full Name

For more details and registration, visit [www.kafp.or.ke](http://www.kafp.or.ke) or contact [info@kafp.or.ke](mailto:info@kafp.or.ke)

# Conference Theme

Building Resilient Healthcare Systems: Leveraging Family Medicine for Sustained Impact

## Conference Sub-Themes

- Patient-Centred Care: The Role Of Policy, Technology And Innovation In Sustainable Primary Care.
- Strengthening Community-Led And Equitable Healthcare Solutions.
- Advancing Collaborative And Interdisciplinary Care Models.
- Climate Change, Emerging Diseases, Threats & Health Systems Resilience.
- Combating Infectious Diseases And Antimicrobial Resistance.

## Welcome Note

The **Kenya Association of Family Physicians (KAFP)** Executive committee and the Conference Organizing Committee welcome you to the 2025 KAFP annual scientific conference and Annual General Meeting to be held from **21st ~ 23rd May 2025** at **The Pride Inn Paradise, Mombasa County**.

We are delighted to have you join us for this important gathering of family medicine professionals, advocates, and thought leaders. The KAFP Annual Conference stands as a distinguished forum dedicated to the advancement of family medicine and the development of collaborative strategies to enhance the healthcare system.

This year's conference will feature rich opportunities for professional learning, policy dialogue, networking, and the exchange of innovative ideas in family practice. We look forward to engaging with you as we work together to shape a stronger, more connected future for family medicine.

## What to Expect

- Thematic panel discussions and interactive workshops
- Presentation of research abstracts and innovations
- CPD-accredited sessions for professional development
- Networking with national and international experts
- Exhibition booths showcasing partner organizations and solutions







Telephone + 254 709 374 000 | Email [website@prideinn.co.ke](mailto:website@prideinn.co.ke)

The Conference will take place at **The Pride Inn Paradise**, Mombasa County. Proudly known to have Africa's largest Beach Convention Centre and the first & only family Aqua Park Resort in Mombasa, it's Located the **Shanzu Beach Area -20 kms away from Mombasa town** and offers a semi -private Pristine White beach overlooking the Indian Ocean.





# Delegates Information

## Conference Sub-Themes

- Conference registration is still open, and added convenience, **onsite registration** will also be available throughout the event. For Payment details refer to the conference Poster.




## Personal Security

- The Pride Inn Paradise offers a secure environment for all conference delegates thus considered secure however we emphasize that delegates remain vigilant, take standard safety precautions, and promptly report any concerning incidents to the conference organizers or hotel security available on-site.

## Currency

- The official conference currency is the **Kenya Shilling (KES)**, as it is the most commonly used and widely accepted form of payment throughout the country. However, most local banks and foreign exchange bureaus offer convenient currency conversion services to and from major international currencies. Delegates are advised to exchange currency at **authorized outlets** for the best rates and security.

## Weather Forecast

WED 5/21		31° /24°	60%
Occasional rain in the morning; otherwise, mostly cloudy			
RealFeel*	34°	Max UV Index	7 (High)
RealFeel Shade*	32°	Wind	S 19 km/h
THU 5/22		31° /23°	75%
Rain			
RealFeel*	34°	Max UV Index	2 (Low)
RealFeel Shade*	33°	Wind	S 20 km/h
FRI 5/23		31° /23°	60%
Occasional rain			
RealFeel*	35°	Max UV Index	8 (Very High)
RealFeel Shade*	31°	Wind	S 22 km/h

- Delegates are advised to prepare for **variable weather** by bringing **light rain gear** and planning for potential brief disruptions due to **showers**.
- Despite the rain, the overall climate will remain **warm and humid**, so staying hydrated and dressing in breathable clothing is recommended.







# Convenience Amenities

## Transportation Services

### Airport Shuttle Service

- Pridelnn Paradise offers airport shuttle services for guests.

### Car Rentals

- Available through the resort for convenient travel around Mombasa.

## Shopping & Essentials

### City Mall Nyali

- 5 km from Shanzu,

### Mtwapa Mall

- Situated about 6 km away,

## Medical Facilities

### AAR Nyali

- Approximately 4 km from Shanzu.

### Nyali Children's Hospital

- Also about 4 km away, providing pediatric care and general medical services.

### Aga Khan Hospital Nyali

- Located within 4 km.

## Dining Options

### Dau Restaurant

- An on-site restaurant at Pridelnn Paradise.

### Old Town Bistro Restaurant

- Also within the resort.

### Kone Kone Lounge

- A lounge within Pridelnn Paradise.

## Entertainment

### Moonshine Beach Bar & Lounge

- Within Pridelnn Paradise Beach Resort

### Pixies Lounge

- In the Shanzu/Mtwapa area (short drive)

## Leisure activities

### Fort Jesus Museum (Old Town Mombasa)

- 30–40 minutes from Shanzu by car.

### Wild Waters Kenya (Nyali)

- Approx 20 minutes from Shanzu by car.

### Dhow Cruises

- Tour the historic Mombasa Island on a dhow cruise.



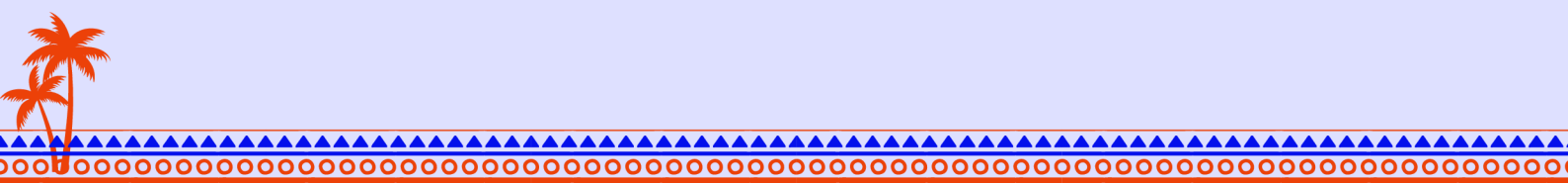
# Accommodation

There are multiple accommodation options available for delegates, including the official conference venue at **PrideInn Paradise Beach Resort & Spa**, which offers convenience and easy access to all sessions. For those seeking alternative lodging, a wide range of **hotels, guesthouses, and serviced apartments** can be found nearby and are easily bookable through platforms such as **Booking.com or the Airbnb app**. Delegates are encouraged to secure their preferred accommodation early to ensure availability and proximity to the conference activities.

## PrideInn Paradise Resort & Spa

Single HB 17,500 from 19,500 previous offer | Double HB 27,000 from 33,000.

Accommodation	Distance	Room Type	Single	Double
Mombasa Continental Resort	0.3 km	Standard Room	From \$43	From \$43
		Deluxe Room	From \$119	From \$119
Nightingale Apartments	0.5 km	Bed Only	KES 4,000	KES 4,500
		Bed & Breakfast	KES 4,500	KES 5,500
		Half Board	KES 6,500	KES 7,500
Serena Beach Resort & Spa	0.6 km	Deluxe Double Room	From \$265	From \$265
		Superior Double/Twin Room	From \$269	From \$269
Sarova Whitesands Resort & Spa	4.0 km	Garden Facing Room	KES 23,900	KES 14,800 PP
		Pool Facing Room	KES 25,900	KES 15,800 PP
Voyager Beach Resort	4.8 km	Standard Garden View	KES 15,200	KES 10,100 PP
		Standard Pool View	KES 16,400	KES 10,900 PP
Royal Shaza Suites	0.8 km	Suite	\$197.60	\$197.60





# Delegates' Essentials List

## Travel Essentials

- 🛂 Passport / ID
- ✈️ Travel itinerary & tickets (flight, train, etc.)
- 🏨 Hotel booking confirmation
- 💳 Credit/debit card & some Kenyan Shillings (KES)
- 📱 Phone, Laptop, charger & power bank
- 🔌 Travel adapter (Kenya uses Type G plugs)

## Accessories & Extras

- 📓 Notebook & pens
- 💼 Business cards
- 🧴 Sunscreen (SPF 30+)
- 🦟 Insect repellent
- 🌀 Handheld fan or cooling wipes
- 💊 Personal medications / mini first aid kit

## Look Book

### Conference Attire (Coastal-Formal)

#### Ladies

- 👗 Breathable formal dresses or modest sundresses with a blazer
- 👚 Light blouses + linen or cotton trousers/skirts
- 🧥 Lightweight blazer or shawl for formal sessions
- 👠 Comfortable, closed-toe or open-toe flats
- 🕶️ Optional sunhat

#### Gentlemen

- 👕 Light cotton or linen long-sleeved shirts
- 👖 Lightweight chinos or linen trousers
- 🧥 Unstructured blazer
- 👞 Comfortable dress shoes or loafers
- 🧦 Light socks
- 👔 Ties

### Casual & Evening Wear

#### Ladies/Gentlemen

- 👕 Polo shirts / smart casual tops
- 👖 Shorts / casual trousers / maxi skirts
- 👙 Swimwear
- 🧢 Cap / sunglasses
- 👟 Comfortable sandals or sneakers
- 🌙 Outfit for evening activity (smart-casual or traditional wear)

### Optional

#### But Useful

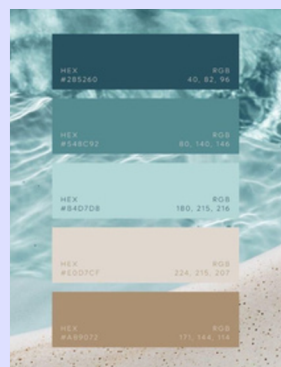
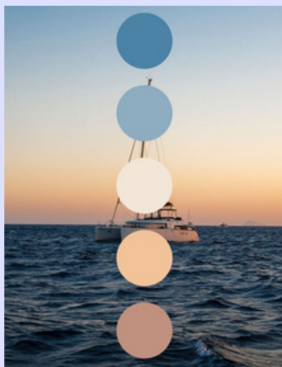
- 🧘♀️ Workout clothes
- 📖 A light book or tablet
- ☔ Compact umbrella or light rain jacket







# Gala Dinner Inspo







## For Enquiries

### Chairperson Conference Organising Committee

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