

P. O. Box 63026
CHAK Complex/ INFA-MED
Musa Gitau Road, Off Waiyaki Way
Nairobi 00200 Kenya

Safaricom: 0722.319.053
Airtel: 0733.606.492
Email: kenyaafp@gmail.com
info@kafp.or.ke

DAY 1: WEDNESDAY, 21 MAY 2025

8:00am – 9:45am	ARRIVAL & REGISTRATION	
9:45am - 10:30am	TEA & NETWORKING	
10:30am - 11:00am	Logistics Briefing Welcome remarks - Conference Chair	Dr Bramwel Wekesa Dr Mercy Wanjala
	Day 1 AM Session Moderator:	
11:00am– 12:40pm	<p>Theme 1 Guest Speaker - 20 minutes Patient Centered Care: the role of policy, technology and innovation in sustainable primary care</p> <p>Subtheme 1: Oral presentations 10 minutes</p> <ol style="list-style-type: none"> Swahili translation and cultural adaptation of the National Institutes of Health Stroke Scale https://doi.org/10.1016/j.jocn.2025.111182 Development and Implementation of a Context-Specific Multi-modal Point-of-care Ultrasound Curriculum for a Kenyan Family Medicine Residency Program Factors contributing to the risk of Postpartum Depression among women attending a Tertiary care Hospital in Nairobi, Kenya Implementing point of care ultrasound education and care integration throughout western Kenya to enhance patient-centered primary care UPESI: Swahili translation of the FAST acronym for stroke awareness campaigns in East Africa A literature review of the diagnostic role of using dermoscopy for skin conditions 	<p>Dr Sarah Kiptiness</p> <ol style="list-style-type: none"> Elijah Yulu, AIC Kijabe Hospital, Kiambu, Kenya. Luke Bishop, University of Alabama at Birmingham, Birmingham, USA. Cecilia Njoga, Aga Khan University, Nairobi, Kenya Hussein Elias, Moi University, Eldoret, Kenya. Elijah Yulu1, Peter Waweru2,

Chairman – Dr. Joy Mugambi; **Vice-Chair** – Dr. Jonathan Nthusi; **Secretary** – Dr. Mercy Wanjala
Treasurer - Dr. Samuel Mucheru; **Head of Secretariat & Programs Co-ordinator** - Ms. Edith W. Kabure

Members

*Dr. Njeri Nyanja *Dr. Bramwel Wekesa *Dr. Jacob Shabani *Prof. Gulnaz Mohamoud
*Dr. Pete Halestrap *Dr. Philip Odenyo *Dr. Miriam Miima

	excluding skin cancer for Family Physicians. 20min Q&A plenary	1AIC Kijabe Hospital, Kijabe, Kenya. 6. Linda Thorpe, Aga Khan University, Nairobi, Kenya
12:40pm-12:50pm	Sponsor Presentation DAWA LIFE SCIENCES	TBC
12:50 - 1:20pm	Harm Reduction Society of Kenya (30min)	Dr Kariuki Michael
1:20-2:20pm LUNCH		
	Day 1, PM Session Moderator:	Dr Mercy Wanjala (Lead)
2:20 – 4:00	Guest speaker - 20 minutes THEME 3: Advancing Collaborative & Interdisciplinary Care Models	Dr Jacqueline Kitulu
	6 oral presentations <ol style="list-style-type: none"> Family Medicine Through Fresh Eyes: Perceptions Among First-Year Medical Students at Aga Khan University, Nairobi Perception of Medical Specialists towards the Integration of Family Physicians into the healthcare systems: A qualitative study Clinico-etiological Profile and Outcomes of Stroke Patients in a Rural Referral Hospital Enhancing Asthma Care through COPC: Lessons from Residents' Experience in Kilifi, Kenya Prevalence & predictors of diabetes distress in patients with T2DM attending diabetes clinic at a tertiary private hospital in Nairobi, Kenya Evaluating the Impact of Fermented foods on Glycemic control and Cardiometabolic risk markers amongst Pre-diabetic and type 2 Diabetes Mellitus 	Advancing Collaborative & Interdisciplinary Care Models <ol style="list-style-type: none"> Dr Catherine Gathu, Aga Khan University, Nairobi, Kenya. Dr Juvenalius Anselm, Aga Khan University, Dar es salaam, Tanzania, United Republic Dr Elijah Yulu1, AIC Kijabe Hospital, Kiambu, Kenya. Dr Angela Oruko, Aga Khan University, Nairobi, Kenya

	Q&A Plenary- 20 minutes	<p>5. Dr. Soulthy Azamkhan, Aga Khan University Hospital, Nairobi, Nairobi, Kenya</p> <p>6. Dr Alex Makau, Aga Khan University, Nairobi, Kenya</p>
4:00pm	Closing Prayers & Briefing on day 2	
4:30PM	TEA BREAK	
DAY 2: THURSDAY, 22 MAY 2025		
8:00 - 09:00am	POCUS Training session 1 GUSI	Stella Masheti
	Day 2 AM Session Moderator(s):	Prof Gulnaz Mohamoud (Lead)
9:00 - 09:30am	Guest speaker - 20 minutes Theme 4: Climate Change, Emerging Diseases & Health System Resilience	Prof Bob Mash
	Sub-theme 4, 1 oral presentation 1. A Cross-sectional study on the clinical presentation of Vitamin D deficiency at a Family Medicine Specialist Centre in Kenya	
09:30 am- 10:30am	Guest speaker - 20 minutes Tackling Infectious Diseases Emerging Threats & Antimicrobial Resistance	Dr Marybeth Maritim
	Sub-theme 2 oral presentations 1. Curriculum Review of Undergraduate Medical Training on Antimicrobial Resistance (AMR) and Digital Health/ Information and Communications Technology (ICT) 2. Improving Neonatal Health Through Rapid Malaria Testing in Early Pregnancy with High-Sensitivity Diagnostics Q&A Plenary 20min	
10:30-11:00	TEA BREAK	

11:00am-1:300pm	Opening Ceremony- Dr Nthusi Nthula, Dr Caroline Matifary Entertainment Keynote address: Dr Chris Barasa WONCA Representative- Dr Innocent Besiyge Opening Remarks - Chair KAFP Dr Joy Mugambi Government official presentation: PS Muthoni Constitution Launch- KAFP Executive	
1:00pm- 2:00pm LUNCH		
	Day 2 PM Session Moderator(s):	Dr Catherine Lamo
2:00pm-3:30pm	Subtheme 2. Oral Papers Strengthening Community-Led and Equitable Healthcare Solutions 20min 1. Exploring Caregiver Experiences in Providing Continence Care for Older Adults at AIC Kijabe Hospital’s Ambulatory Care: A Qualitative Study 2. Empowering Communities Through Family Medicine: A Pathway to Achieving Equitable Healthcare in Kenya. 3. Caregivers' Beliefs on Herbal Medicine Use among Children Under the Age of Five Years in Silibwet Sub-Location, Bomet County 4. Transforming Sexual Health Education through Family Medicine Innovation 5. Development of a Clinical Fellowship Training Curriculum in Palliative and Pain Medicine: Lessons Learnt 6. Understanding factors informing referral of Adult patients to Palliative Care Services in a Tertiary facility in Kenya: Physician’s Perspectives 7. Non-financial Incentives on Motivation of Community Health Promoters for Provision of Community Health Services in Taita Taveta County, Kenya 20min Q&A plenary	Dr Chris Barasa 1. Dr Stella Kibet, Kabarak University, Nakuru, Kenya. 2. Dr Philip Nyayo, Egerton University Nakuru, Kenya 3. Dr Fridah Kiptui, Bomet, Kenya. 4. Dr Peter Kioko, Aga Khan University, Nairobi, Kenya 5. Dr James Amisi, Moi University College of Health Science, Eldoret, Kenya. 6. Dr Donnah Goga, Aga Khan University Hospital, Nairobi, Kenya 7. Dr Ndegwa Mwanyoha, Kenya Methodist University, Nairobi, Kenya
3:30pm-5:00pm	Education Workshop—College Discussion & Presentation	• Innocent Besigye (Chair ECSA)

		<ul style="list-style-type: none">• Dr. James Akiruga Amisi (Governing council ECSA)• Prof. Gulnaz Mohamoud (Governing council ECSA)• Dr. Jacob Shundi Shabani (Registrar ECSA)• Dr Hussein Elias (Education & Scientific Committee ECSA)
5:00pm-5:30pm	TEA BREAK	
DAY 3: FRIDAY, 23 MAY 2025		
08:00am-09:00am	POCUS Training-GUSI	Sheila Masheti
	DAY 3 AM Session Moderator	Dr Njeri Nyanja
09:00am-10:00am	Educational Presentation Integrating Cognitive Behaviour Therapy in Primary Care	Dr Mohamoud Merali
10:00am- 10:30am TEA BREAK & POSTER PRESENTATION VIEWING		
10:30am – 11:30am	Educational Presentation Essentials in Geriatric care (30min)	Prof Gulnaz Mohamoud
11:30am-1:00pm	AGM & ELECTIONS	
1:00pm – 1:30pm	Closing Ceremony	
1:30pm- 2:30pm LUNCH		
6:00pm till late	GALA DINNER & AWARDS <i>Dress code: All white</i>	